

# Code of Conduct – Rules & Regulations Host Family 2020

Your host family will be your home in Malta. Maltalingua, together with your host family, want you to have a fun and pleasant stay so our team is available for you 24hrs a day.

To help ensure that you are comfortable in your accommodation it is important that you follow our rules and regulations.

Should you have any queries during your stay, please talk to your host family and group leaders immediately. We are here to support you and offer assistance in anything you need.





# 1. Your Host Family

You are to consider yourself as a part of the host family. Please always act in a friendly, responsible, respectful and appreciative manner towards your host family, their lifestyle and their property.

You are encouraged to speak English all the time, and to participate in the daily events of the home. Tell your host family about your interests and friends, your daily lessons and activities, your happiness and your problems. Your host family wants to help you and understand.

Your host family will describe their house rules on your first day. Please make sure you follow all their rules and are always on time for dinner with your host family. Your host family will ask you about your diet and your likes and dislikes. If you need more food, feel free to ask.

Be friendly with all other students who may be living with you at the family and practice English with them. If possible, go out and return home together.







#### 2. Tidiness of room

You are responsible to keep your room, including the bathroom in proper order after use. Your room has been inspected and found to be appropriately furnished and clean before your arrival. You are sharing a room with others and must respect their wishes as to the room tidiness.

You are also provided with enough wardrobe and drawer space to store your personal belongings as well as a desk with proper lighting which may be used for study purposes. Your bed linen and towels will be changed at least once a week.

You will be entitled to free laundry services once per week. Please speak to your host parents to arrange this. Please note that water in Malta is a very scarce and valuable resource, please use great care and attention when using the bathroom.

You will be provided with a fan in your room between the 1st of May and the 30th of September, please remember to switch the fan and lights off when you are not in your room.



#### 3. Internet

Free Wi-Fi is available at your host family. Speak to your host mother for more details.







# 4. Social & Leisure Programme

You must attend ALL included activities. The weekly programme is available in your welcome pack or handed out to you on a weekly basis. Further information, or changes to the programme will be communicated via your

group leader and displayed on MALTALINGUA main notice-board at school.

Responsible 16 & 17 year old's may opt out of specific optional activities with the consent of Maltalingua, your host family and your parents (in writing).



Sundays is usually a free day for all students. The students who are already in Malta have time to relax and unwind from the week. Students who arrive at the weekend have time to get to know the host family and settle in.

## **5. Free time (Your Safety)**

If you would like to go out during your free time, you must speak to your host family and let them know where you are going and who you are going with. You are not allowed to have a house key and must follow your host family's instructions.

Your mobile phone should be fully charged and with you during your free time. Ensure you have your student I.D with contact numbers and return address and always travel in groups.

In Free-time, students are to return no later than the following curfew times:

12 to 13 year old:	Till 21.00hrs
14 to 15 year old:	Till 23.00hrs
16 to 17 year old:	Till 00.00hrs







Responsible 16 & 17 year old's may be granted an extension of 1 hour to their curfew on Friday's and Saturdays with the consent of Maltalingua, your host family and your parents (in writing).

#### 6. MALTALINGUA documents

You are to take care of the documents supplied in your welcome pack, such as your MALTALINGUA Student Card. These documents are not transferable to other students and should be stored in a safe place.

You are to carry your MALTALINGUA Student Cards at all times. This card will be requested to attend MALTALINGUA events.



On arrival you are given a wrist band. It is very important that you wear it at all times. Damaged wrist-bands are replaced at no charge. Lost wrist bands will be replaced at a charge of  $\leqslant 5.00$ 

#### 7. Doctor

Should you require the services of a doctor during your stay in Malta, contact your group leader or host family immediately. You are to pay for the doctor's visit, transport, and medicines. Do not forget to ask the doctor for a receipt (for your records) of what you paid. These may be claimed through your medical insurance on your return home.

#### 8. School times

Classes typically start at 9.00 Monday – Friday, however, this may change to fit in with activities which are weather dependent and seasonal fluctuations. Students will be notified by their group leader or teacher of any changes.

The provisional time-table is as follows (may differ between high and low season):

Monday to Friday 09.30 - 13.00hrs with a break in the middle







#### 9. Behaviour

It is essential that you follow the rules, and behave appropriately at all times. Failure to follow the rules, or should you misbehave, will result in us issuing up to 5 strikes. Your Parents will be notified if you are issued with 3 or more strikes. If 5 strikes are issued, you may be expelled and sent home immediately. As per the terms and conditions, Maltalingua will not refund any expenses resulting from your repatriation.

Please remember that your safety and wellbeing is our first priority.

## 10. Alcohol, Drugs and Smoking

MALTALINGUA Juniors are NOT allowed to smoke cigarettes or drink alcohol, these actions are against Maltese law for minors. All drugs are prohibited and the Police will take steps against offenders and harsh penalties will be applied to anyone found in possession.





Rooms will be searched on a regular basis and any items found in your possession will result in immediate confiscation and disciplinary action will be taken.

# 11. Departure

On the Thursday before your departure, your group leaders will inform you of your transfer time. Please confirm that the flight details provided are correct. Your transfer will be approximately 3 hours before your flight, you are to wait for your transfer at home.

Please make sure to inform your host family of your departure time and follow your host family's instructions to be ready for your transfer.







#### 12. Covid-19 measures

The Junior programme has to be considered as a whole cluster, all the stakeholders that have an active part in the programme such as leaders, teachers and students are part of this cluster.

The students must make sure they are protected as much as possible from the external interference.

Ask the GL to teach you the best practice to avoid contagion such as washing hands, social distancing, how and when to wear face masks, avoid gatherings etc.

Before entering a transport make sure you are wearing a face mask.

If the activity includes public transport, you must stay seated next to other students, mixing with other people is forbidden.

If the activity entails contact with external people (e.g. ice scream purchasing) you must make sure both you and seller are wearing a mask.

Do not share food with others as it can be a way of contagion.

Remember to sanitize your hands frequently.

Avoid physical contact with other students of any kind (e.g. hugs, high fives...etc) to reduce contagion risks.







COVID measures, when should I wear a mask?		
Situation	Mask?	
During Transports	yes	
During activities in an open-air environment with		
Maltalingua Students and staff	no	
During activities in a closed environment with Maltalingua		
Students and staff	Recommended	
In shops and public places	yes	
If in contact with people who are not part of the school		
staff	yes	







# We hope you enjoy your experience at your host family and wish you a pleasant stay in Malta!

MALTALINGUA reserves the right to make any changes to the Student Code of Conduct.